

Mohrbooks Highlights Non-Fiction Frankfurt 2024

THE STORY OF STORIES

Kevin Ashton

From fires to phones, this book tells the surprising story of storytelling.

A long-forgotten woman on the edge of the Persian Gulf authored the first written story. A teenager in Tennessee defied social norms to embrace the roots of rock 'n roll. An accountant trying to save a struggling factory in post-Mao Beijing. A family in rural Texas whose lives were forever changed by the algorithms of social media: This book shows how ordinary people, good tools, and the human mind combine to make storytelling the most powerful force that shapes our lives and transforms humanity.

Stories, whether they are published to huge audiences or told in intimate conversations, affect our understanding of ourselves. Different technologies have altered and amplified these effects, redistributed the power of storytelling from the few to the many, and driven revolutions throughout human history.

Examples from art, literature, music, and pop culture illustrate a passionate and immensely rewarding exploration of how the way we tell stories change us and our world.

Kevin Ashton is a technologist, author, and entrepreneur. He coined the term "the Internet of Things". His first book "How to Fly a Horse: The Secret History of Creation, Invention, and Discovery (Doubleday, 2015)" was named Porchlight's "Business Book of the Year" and sold abroad in 13 countries. His writing about innovation and technology has appeared in the New York Times, The Atlantic, The Daily Telegraph and Politico.

Current material: Proposal

Categories: History, Humanities

Rights available: German

Client: InkWell

Published by: HarperCollins (2024-10-09)

Original language: English

Contact: Sebastian Ritscher / Mohrbooks Literary Agency

THE CONFIDENCE CYCLE

Juan Bendana

The author's journey from a socially awkward youth to a lauded social entrepreneur helps readers to build confidence, eliminate fear and become more successful.

Keynote speaker and leadership strategist Juan Bendaña has spent over a decade researching what it takes to build enduring confidence and developed an evidence-based methodology that helps eliminate fear, relying on a unique cycle of micro-energy, micro-courage, and micro-actions, and ultimately transform your life that is attainable to everyone.

Based on research of over 250,000 leaders at institutions such as Oxford University, Penn State and the University of Toronto and Fortune 500 companies such as Disney, American Express and Zillow, this science-backed framework helps individuals and organizations turn today's barriers into tomorrow's breakthroughs.

The key to THE CONFIDENCE CYCLE is that it's focused on micro moments -saying hi to a stranger, asking a question at a meeting--rather than giving a speech in front of 100 people or becoming a team lead.

This system magnifies the power of these tiny wins, transforming micro-actions into a vote of confidence that levels you up step by step until you build unshakable courage. The author uses humor, engaging stories and proven strategies to help the reader feel energized & inspired, and provides them with the confidence tools to thrive in work and life.

Juan Bendaña is a renowned speaker who, each year, delivers electrifying keynotes at national conferences and organization-wide training events. Juan has led confidence workshops for Sotheby's International, Penn State, Sony Pictures, Disney, and hundreds of others major corporations. He is the creator of the Confidence Cycle framework for lasting self-confidence. "Juan's speaking style was full of fresh energy and enthusiasm that reinvigorated our burnt-out organization. His message helped us refocus and provided tangible takeaways that were valuable for everyone. As a manager, I appreciated the peace of mind his contribution gave me." Kim Penny, Managing Broker, Sotheby's.

Current material: Complete manuscript

Categories: Self-improvement, guidance, business

Rights available: German

Client: Ballantine Books

Published by: Ballantine (2025-07-08)

Original language: English

Contact: Maria Dürig / Mohrbooks Literary Agency

ALLIES AT WAR

Tim Bouverie

A major, fast-paced landmark work of history that focuses less on military events than on the politics and diplomacy that made military victory possible.

After the fall of France in June 1940, Britain was the only European country left to resist Hitler. Desperate for allies, Winston Churchill did everything he could to woo the United States to join the war on Britain's side, to drive the Soviet Union and Germany apart, and to influence neutral countries to join the fight against Hitler or at least stay out of the conflict.

By the end of 1941, after the German invasion of Russia and the Japanese attack on Pearl Harbor, the Grand Alliance was in place. But the 'Big Three' Churchill, Roosevelt and Stalin were uneasy bedfellows and their partnership was soon plagued by mistrust, rivalry and deceit. Conflicts opened not just over strategy but over the post-war order the extent of the United States' global influence, the fate of Britain's empire, and whether the Soviet Union would extend its territorial ambitions to eastern Europe. The seeds of the Cold War were sown while the bloody battles in Europe and the Pacific still raged.

Drawing on many new sources, Tim Bouverie tells the dramatic story through the eyes and voices of the key players: politicians and diplomats, journalists and spies. And while the 'Big Three' naturally take centre stage, we also meet the Free French, Chinese nationalists and Yugoslav partisans.

Tim Bouverie read history at Christ Church, Oxford. From 2013-2017 he was a political journalist at Channel 4 News, where he worked alongside Michael Crick, as his producer, and covered all major political events, including both the 2015 and 2017 General Elections and the EU Referendum. He regularly reviews history and politics books, and has written for the Spectator, Observer and Daily Telegraph. He has also for the last five years worked at the Chalke Valley History Festival as an interviewer.

Current material: Manuscript

Categories: History of the 20th century, WWII

Rights available: German

Client: A.M. Heath

Published by: The Bodley Head (2025-03-01)

Original language: English

Contact: Sebastian Ritscher / Mohrbooks Literary Agency

DEALING WITH FEELING

Marc Brackett

A practical guide for embracing and regulating our emotions in order to transform our lives.

Virtually everything that has happened in your life -good, bad, happy, sad- was influenced by how you dealt with your emotions. In your most challenging moments, how did you respond? What stories did you tell about yourself, and how did your reactions affect others?

The way we handle our emotions is not a fixed part of ourselves, but a skill that can be learned and mastered.

This book provides a set of practical, evidence-based strategies and techniques to help readers regain control of their lives. At the heart of its message is acceptance: there is no such thing as a bad emotion, only ones you don't understand and don't yet know how to re-direct in positive, intentional ways.

We all have the power to decide how we respond to what life throws at us. By regulating our emotions we can increase our chances of achieving success in all facets of our lives. This book helps its readers to become the best version of themselves.

Marc Brackett, Ph.D., is the author of *Permission to Feel*, which has received praise from Carol Dweck, Kate Middleton and the Princess of Wales. He is the founding director of the Yale Center for Emotional Intelligence. He has published 125 scholarly articles and is the lead developer of RULER, an evidence-based approach to social and emotional learning. He is co-founder of Oji Life Lab, a digital emotional intelligence learning system for businesses. Marc consults regularly with corporations like Facebook, Microsoft, and Google on integrating emotional intelligence into employee training and product design.

Current material: Manuscript

Categories: Self-help, personal development & practical advice

Rights available: German

Client: InkWell

Published by: Celadon/Macmillan (2025-09-01)

Original language: English

Contact: Sebastian Ritscher / Mohrbooks Literary Agency

WE SHOULD ALL BE BIRDS

Brian Buckbee with Carol Ann Fitzgerald

"My rescue pigeon and I found each other at the very beginning of the pandemic, when we were both dealing with crippling health problems. As time went on, he got better. As time went on, I got worse." This memoir is about how a man with a terrible illness saves a pigeon and how the pigeon saves the man.

Brian takes in Two-Step, and more injured birds, transforming his home into a mad rehabilitation and rescue center for birds. As Brian and Two-Step grow closer, an unexpected kinship forms. But their paths won't converge forever: as Two-Step heals and finds love, Brian's condition worsens, and with his friend's release back into the world looming closer, Brian must decide where this story leaves him.

Brian is unable to read or write due to a never-ending headache. He dictates the story of his long life as an adventurer, an iconoclastic university instructor, and an endurance athlete through his relationship with a pigeon that defines his present. An editor channels the details of his personal history to the pages.

Raw, perceptive, and devastating, this is an exploration of chronic illness, grief, connection, and the humble beauty of nature.

Brian Buckbee lives in Missoula, Montana. He is co-founder of an online writers' workshop and the Sadness Musuem. His stories have appeared in literary journals.

Carol Ann Fitzgerald is a former editor at The Sun and The Oxford American. Her fiction and nonfiction have been published in Ploughshares, The Oxford American, The Sun, The Book of Great Music Writing, and elsewhere. She lives in Chapel Hill.

Current material: Manuscript

Categories: Inspirational memoir

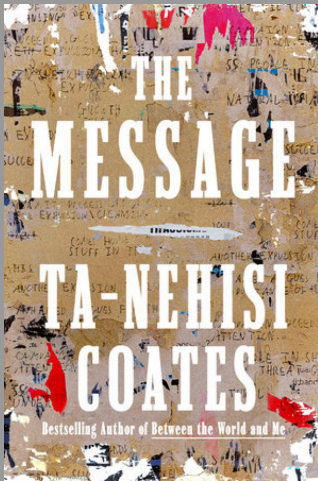
Rights available: German

Client: Chase Literary

Published by: Tin House (2025-08-01)

Original language: English

Contact: Sebastian Ritscher / Mohrbooks Literary Agency



THE MESSAGE

Ta-Nehisi Coates

The bestselling author of "Between the World and Me" explores in three travel essays how stories shape our realities. About the urgent need to untangle from the destructive nationalist myths that shape our world and souls and embrace the power of the most difficult truths.

Coates originally set off to write a book about writing, but found himself grappling with deeper questions about how reporting and imaginative narratives expose and distort realities.

The first of the book's three essays is set in Dakar, Senegal. Coates roams the "steampunk" city of "old traditions and new machinery". He feels as if he's in two places at once: a modern city in Senegal and a mythic kingdom in his mind, the pan-African homeland he was raised to believe was the origin and destiny for all black people.

In Columbia, South Carolina, he explores a different mythology, this one enforced on its subjects by the state. A teacher's job is threatened for teaching one of Coates's books. A community of mostly white supporters is transformed and radicalized by the stories they discovered in the "racial reckoning" of 2020 in a capital of the confederacy with statues of segregationists looming over the its public squares.

In Palestine, Coates discovers the devastating gap between the narratives we've accepted and the clashing reality of life on the ground. He meets with activists and dissidents, Israelis and Palestinians - the old, who remember their dispossessions, and the young who have only known struggle and disillusionment. In Jerusalem, the heart of Zionist mythology, and in the occupied territories, he sees the reality behind the myth. It is this hidden story that profoundly changes him. It makes the war that would soon come all the more devastating.

Ta-Nehisi Coates is the author of *THE BEAUTIFUL STRUGGLE, WE WERE EIGHT YEARS IN POWER*, and *BETWEEN THE WORLD AND ME*, which won the National Book Award in 2015. He is the recipient of a MacArthur Fellowship. His debut novel, *THE WATER DANCER*, was a bestseller.

Current material: Published book

Categories: Essays

Rights available: German

Client: One World

Published by: One World (2024-10-01)

Original language: English

Contact: Sebastian Ritscher / Mohrbooks Literary Agency

News & Comments

Portuguese: Editora Schwarzc UK: Hamish Hamilton
quote One World

Coates presents three blazing essays on race, moral complicity, and a storyteller's responsibility to the truth. Coates exhorts readers, including students, parents, educators, and journalists, to challenge conventional narratives that can be used to justify ethnic cleansing or camouflage racist policing. Brilliant and timely.
review Booklist

Award-winning journalist and MacArthur Fellow Coates probes the narratives that shape our perception of the world through his reports on three journeys: to Dakar, Senegal.Chapin, South Carolina.and to Israel and Palestine.Interweaving autobiography and reportage, Coates examines race, his identity as a Black American, and his role as a public intellectual. A revelatory meditation on shattering journeys.
review Kirkus Reviews

WHAT'S GOING RIGHT

Paul Conti

A paradigm shifting optimistic take on mental health. Think Gabor Mate meets 10% Happier for the Peter Attia audience.

There is much to feel negative about when it comes to mental health, but Dr. Conti represents a paradigm-shifting optimism on the subject.

Instead of using the DSM-5 to label patients with disorders that don't neatly apply to most people, Dr. Conti bucks convention by focusing his approach not on what is going wrong with our mental health, but rather what is going right.

Inside each one of us is a powerful drive for mental health. Dr. Conti refers to this drive as the "generative drive." It is our pursuit of peace and contentment. You can never have too much peace, and you can never have too much contentment. In our busy, high-performing lives, we often find ourselves disconnected from this generative drive and overfocused on two competing drives: a drive for pleasure and aggression. A toxic pursuit of pleasure can look like drinking too much or making bad decisions. An overly assertive aggression drive can turn to negative self-talk that leads to anxiety and shame, or an inability to get along with others that lead to loneliness.

Dr. Conti offers readers a proven off-ramp from these toxic pursuits of pleasure and aggression and an on-ramp toward a joyful life reconnected to their generative drive. He gives readers the emotional power and agency to reach their fullest potential without burning out. His unique and proven approach bolsters the outcomes of traditional medicines and therapeutic practices.

Dr. Conti's increasingly influential network, decades of experience in the field, and the success of the podcast series all point to a bestselling book with a fresh take on happiness and mental health for men and women. Think Gabor Mate meets 10% Happier for the Peter Attia audience.

Recently, Dr. Conti co-hosted an incredibly popular four-part podcast series with Andrew Huberman, Tools and Protocols for Mental Health, which received over 25 million views/listens and was one of the podcast's most popular productions of 2023. That series serves as the basis of WHAT'S GOING RIGHT, which builds on Dr. Conti's decades of practical experience and his unique approach to the three 'drives' that shape our emotional lives to offer readers a proven approach to regaining

balance, joy, and agency over their emotional lives.

Dr. Paul Conti is a renowned psychiatrist who graduated from Stanford's School of Medicine and completed his residency at Harvard. In his private practice, Dr. Conti works with celebrity clients and is a go-to expert for top podcasters including Dr. Peter Attia, Mel Robbins, and Dr. Andrew Huberman.

Current material: Proposal

Categories: Psychology

Rights available: German

Client: Park & Fine Literary

Published by: On submission (unscheduled)

Original language: English

Contact: Marie Arendt / Mohrbooks Literary Agency

OUTSHINING TRAUMA

Ralph de la Rosa

A path of post-traumatic growth, spiritual insight, and deep compassion for the most challenging parts of ourselves. Ralph De La Rosa integrates Richard Schwartz's revolutionary Internal Family Systems (IFS) model with Buddhist meditation practice to offer a radically different healing paradigm.

If you're among those who've tried therapy and meditation but wonder why you still suffer repetitive patterns and emotions, *Outshining Trauma* is for you.

De La Rosa places the innovative, evidence-based model of IFS in the context of Buddhist meditation to show that the process of healing trauma can lead you to your deepest spiritual nature.

This book offers clear conceptual frameworks to understand trauma, post-traumatic growth, and the close relationship between healing trauma and spirituality. The many journal prompts, experiential practices, and guided meditations will teach you how to:

- See that your mind is made up of disparate "parts" that carry their own views and intentions which can become stuck in traumatic experiences;
- Recognize common types of inner parts in the IFS model, such as "Managers," "Firefighters," and "Exiles";
- Separate from a part inside of you that's holding grief, pain, or other difficult feelings and then elicit its concerns and wisdom;
- Utilize meditation as a method for opening to transformative self-compassion and self-love.

RALPH DE LA ROSA, LCSW is a psychotherapist and meditation teacher known for his radically open and humorous teaching style. His work has been featured in *The New York Post*, CNN, *Tricycle*, *GQ*, *SELF*, *Women's Health*, and many other outlets. He is personally mentored by Richard Schwartz, developer of the Internal Family Systems model of psychotherapy. Ralph himself is a PTSD, depression, and opiate addiction survivor. His most recent book, *Don't Tell Me to Relax*, was named one of the "Best Books of 2020" by *Mindful Magazine*. #trauma # psychology #buddhism #IFS (Internal Family Systems)

Current material: Manuscript

Categories: Spirituality

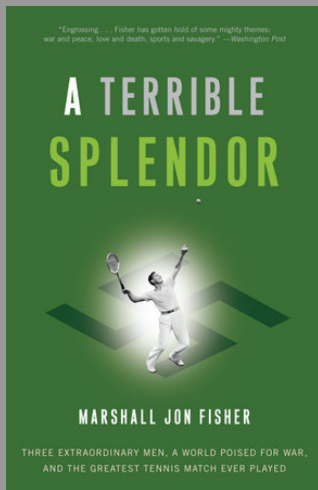
Rights available: German

Client: Shambhala

Published by: Shambhala (2024-11-26)

Original language: English

Contact: Maria Dürig / Mohrbooks Literary Agency



A TERRIBLE SPLENDOR

Marshall Jon Fisher

The fascinating story of the greatest tennis match ever played between the dominant Don Budge and the seductively handsome Baron Gottfried von Cramm, and the book behind the upcoming movie "Break", directed by Daniel Brühl. A book like no other in its weaving of social significance and athletic spectacle.

This deciding 1937 Davis Cup match, played on the hallowed grounds of Wimbledon, was a battle of titans: the world's number one tennis player against the number two; America against Germany; democracy against fascism. For five superhuman sets, the duo's brilliant shotmaking kept the Centre Court crowd - and the world - spellbound.

The match's significance extended well beyond the immaculate grass courts of Wimbledon. Against the backdrop of the Great Depression and the brink of World War II, one man played for the pride of his country while the other played for his life: Budge, the humble hard-working American who would soon become the first to win all four Grand Slam titles in the same year, vied to keep the Davis Cup out of the hands of the Nazi regime. On the other side of the net, the immensely popular and elegant von Cramm fought Budge point for point knowing that a loss might precipitate his descent into the living hell being constructed behind barbed wire back home.

Born into an aristocratic family, von Cramm was admired for his devastating good looks as well as his unparalleled sportsmanship. But he harbored a dark secret, one that put him under increasing Gestapo surveillance. And his situation was made even more perilous by his refusal to join the Nazi Party or defend Hitler. Desperately relying on his athletic achievements and the global spotlight to keep him out of the Gestapo's clutches, his strategy was to keep traveling and keep winning. A Davis Cup victory would make him the toast of Germany. A loss might be catastrophic.

Marshall Jon Fisher has written for The Atlantic Monthly on topics ranging from wooden tennis rackets to Internet fraud, and has also written for Harper's and Discover, among other magazines. His essay "Memoria ex Machina" appeared in Best American Essays 2003. He is the coauthor (with his father David E. Fisher) of TUBE: THE INVENTION OF TELEVISION and STRANGERS IN THE NIGHT: A BRIEF HISTORY OF LIFE ON OTHER WORLDS.

Current material: Final Pages

Categories: History, Sports

Rights available: German

Client: Crown

Published by: Crown (2024-10-10)

Original language: English

Contact: Maren Wiederhold / Mohrbooks Literary Agency

News & Comments

Daniel Brühl to Direct Nazi Era Tennis Biopic 'Break' With 'All Quiet on Western Front' Team, 'Night Manager' Producers
quote Variety

THE INVINCIBLE BRAIN

Majid Fotuhi

How a simple regimen of sleep habits, diet, stress reduction techniques, and brain games and exercises can prevent and reverse cognitive decline and other neurological and psychiatric conditions, as well as improve sharpness and intelligence.

Alzheimer's Disease, dementia, and other neurological disorders are not only preventable, but even reversible via lifestyle interventions - you can be smarter, quicker, and clearer tomorrow than you are today; an idea that goes against decades of conventional wisdom.

In their research, Majid Fotuhi and his team created personalized, non-pharmaceutical, non-surgical brain rehabilitation programs for each patient, consisting of lifestyle changes, brain challenges, and do-it-yourself biofeedback techniques.

THE INVINCIBLE BRAIN will show readers how a simple regimen of sleep habits, diet, stress reduction techniques, and brain games and exercises (personalized for the reader based on their specific needs and including memory exercises and tricks, video games, and puzzles) can prevent and reverse cognitive decline and other neurological and psychiatric conditions, as well as improve sharpness and intelligence. Dr. Fotuhi will explain what Alzheimer's disease and dementia really are, how they have been miscategorized by science for decades, and why the latest drugs proposed by modern medicine will never be as successful as these basic interventions that promote neuroplasticity and can truly bring about lifechanging results.

Dr. Majid Fotuhi received his academic degrees from Harvard Medical School, and Johns Hopkins University School of Medicine. He is an adjunct professor at Johns Hopkins's Mind/Brain Institute, an adjunct professor at George Washington University, and the medical director of NeuroGrow Brain Fitness Center. His groundbreaking proprietary research has been published in many scientific Journals, and his interviews have been published by more than 50 national media outlets including ABC News, CTV, CNN, CBS, TODAY show, Fox News, Discovery Channel, USA Today, Health magazine, Forbes, The Boston Globe, BusinessWeek, The Chicago Tribune, TIMES Magazine, The Washington Post, The Wall Street Journal, The Montreal Gazette, and The Times (London).

Current material: Proposal

Categories: Self-help, personal development & practical advice

Rights available: German

Client: Glass

Published by: Harvest/Harper Collins (2026-03-01)

Original language: English

Contact: Marie Arendt / Mohrbooks Literary Agency

TIME ANXIETY

Chris Guillebeau

A powerful antidote to deadline dread, time guilt, and chronic rushing.

In a world obsessed with squeezing the most out of every moment, the fear of falling behind can trap us in a paralyzing stress cycle. Incomplete to-do lists, unanswered emails, and unmet life goals haunt our thoughts, leaving us overstimulated and exhausted.

In TIME ANXIETY, Chris Guillebeau, author of the popular newsletter "A Year of Mental Health", reveals that this pervasive sense of time scarcity stems not from a lack of hours in the day but from unrealistic expectations and misaligned priorities. Weaving together eye-opening research on time perception, executive functioning challenges, and the psychological roots of avoidance, he offers a bold path for redefining our relationship with the clock.

The first step is to build a tolerance for incomplete to-do lists and the inevitability of disappointing people, abandoning the goal of "catching up." We have to set our own limits because no one else will. Ultimately, TIME ANXIETY is a call to wake up from the trance of busyness and reclaim our most precious resource. By breaking the habits of oversteering, overdoing, and underliving, we can start savoring our limited time on earth.

Chris Guillebeau is the New York Times bestselling author of THE \$100 STARTUP, SIDE HUSTLE, and THE HAPPINESS OF PURSUIT, among other books, which have sold over one million copies worldwide. During a lifetime of self-employment that included a four-year commitment as a volunteer executive in West Africa, he visited every country in the world (193 in total) before his thirty-fifth birthday.

Current material: Manuscript

Categories: Popular Psychology

Rights available: German

Client: Crown

Published by: Crown Currency (2025-04-15)

Original language: English

Contact: Maren Wiederhold / Mohrbooks Literary Agency

News & Comments

UK/BCOM: McMillan

Foreign License Crown Currency



EVERYBODY NEEDS AN EDITOR

Melissa Harris with Mark Jacob and Jenn Bane,

Wedding toasts, website copy, social media posts, even holiday cards you'll become a sharper everyday writer with this witty and comprehensive guide to clearer, better communication.

You'll never write an email the same way after reading *Everybody Needs an Editor*, a game-changing guide to sharp, attention-getting writing. The authors use their decades of real-life journalism and marketing expertise to demonstrate the WTF technique: Writing, Topping, Formatting, and Fixing.

You'll learn how to eviscerate your own writing and enjoy doing so. You'll learn to create must-click subject lines, cut jargon, and write emails that people will actually read and remember.

If you've ever felt nervous to hit a "submit" button, this book is for you.

Melissa Harris is the founder and CEO of M. Harris & Co., a Chicago-based marketing agency. She spent fifteen years as a journalist at the Orlando Sentinel, The Baltimore Sun, and Chicago Tribune. She serves as an entrepreneur in residence at the Polsky Center for Entrepreneurship and Innovation at the University of Chicago and on the governing board of The Bulletin of the Atomic Scientists.

Jenn Bane is an author, producer, and the creative director of M. Harris & Co. Her first book, *Friendshipping*, is a feel-good guide to making friends as a busy and anxious adult. Previously Jenn was the first-ever hire at Cards Against Humanity where she earned a Clio Award for Excellence in Advertising, a fact she intended to omit from this bio but added it because coauthor Melissa Harris ordered her to.

Mark Jacob, a former Chicago Tribune metro editor, edited the columns that won Mary Schlich a Pulitzer Prize for commentary. *Everybody Needs an Editor* is the ninth nonfiction book he has coauthored, with a tenth soon to come, a biography of Abe Saperstein, founder of the Harlem Globetrotters.

Current material: Final Pages

Categories: Self-help, personal development & practical advice

Rights available: German

Client: Simon Element

Published by: Simon Element (2024-09-10)

Original language: English

Contact: Annelie Geissler / Mohrbooks Literary Agency

News & Comments

Tightly written. Every delightful page will make you a better writer
quote Mignon Fogarty, New York Times bestseller and creator of the Grammar Girl podcast

God I love this book. I've been teaching editing classes since the dawn of time. And one of the first things I teach my college students is how to write an email to a professor or boss. Writing professionally is such a valuable skill, and this book is the best tour guide.
quote Mike Reilley, journalism professor and author of The Journalist's Toolbox and Data + Journalism

This book will make you a more confident and compelling communicator, and it might just make you a more successful boss, employee, teacher, student, or friend. Everybody Needs an Editor should be on everybody's bookshelf.
quote Tim Franklin, Senior Associate Dean, Professor and John M. Mutz Chair in Local News at Medill

Harris and Bane . present a concise and effective manual for improving writing in professional settings.
review Publishers Weekly

This book is about more than how to be a better writer at work. It's about how to be a better human at work. It will stop you from making stupid mistakes that will get you fired.
quote Michael Muser, co-owner, two-Michelin-starred Ever, and host of the podcast, Amused: A Podcast for Geniuses

Clear-eyed and razor-sharp, this book is a must-have for any writer aged 17 to 70.
quote Jonah Berger, Wharton Professor and Bestselling Author of Contagious

To write something that makes someone do something . is a magic trick, turning black marks into fluttering thoughts, real emotions and actions. Everybody Needs an Editor can help you do that.
review The Chicago Sun Times

MOTHERSHIFT

Jessie Harrold

Becoming a mother is so much more than just birthing or taking care for a tiny being. With a baby on the way and in your life, it seems all is about what to DO next, but never about how to FEEL - how you feel. To find your way in this shift takes two to three years and this is where Jessie Harrold steps in offering a supportive, affirming road map to take women through that transformational process.

Our modern societal understanding of what happens to a woman when she becomes a mother beyond emotional rollercoasters and healing her pelvic floor largely remains uncharted territory. The transition to motherhood takes two to three years, not six weeks or three months, as we've been led to believe.

Jessie Harrold introduces her "map for your becoming," a research-based, four-phase model that maps out how the transition to motherhood unfolds and helps women navigate every step along the way. She has used this model to guide thousands of women through the shift into motherhood. Harrold also includes self-inquiry questions, journal prompts, rituals, and nature-based experiences and exercises in each chapter to help women identify and thrive amidst the cascade of changes they can expect as they enter motherhood. Topics include:

- Normalizing the feelings of grief and loss of self you may feel along the way;
- Navigating the discomfort of not knowing who you are anymore now that you're a mother;
- Guiding you to cultivate a sense of empowerment and leadership in motherhood, showing you how mothering is a counterculture act;
- Showing you how to use the "superpowers" that motherhood offers: self-tending, creativity, embodiment, ritual, community, inner knowing, and earth connection to become powerful change agents in a world that desperately needs mothering;
- Gently guiding you to explore who you are becoming; and much more.

JESSIE HARROLD draws from her background as a doula, a life coach and mentor, a practitioner of yoga and reiki, and an herbalist and in eco-psychology, neuroscience, wilderness guidance,

leadership, and therapy to support women through the transition to motherhood. She created the internationally acclaimed program for new mothers, called MOTHERSHIFT, and its sister program for postpartum professionals, THE VILLAGE.

Current material: 2nd pass pages

Categories: Family, Relationships, Motherhood, Self-help, personal development & practical advice

Rights available: German

Client: Shambhala

Published by: Shambhala (2024-11-12)

Original language: English

Contact: Maria Dürig / Mohrbooks Literary Agency

THE YEAR GOD DIED

James Lacey

New York Times bestselling author James Lacey overturns centuries of historical beliefs in this account of how the Roman Empire shaped the life and death of Jesus. The first book to employ accepted historical methodologies, THE YEAR GOD DIED sheds new and startling light on one of history's most enigmatic figures by examining Jesus through the lens of the tumultuous era in which he lived.

In late 31 AD, after the Roman senators murdered Lucius Sejanus, the Roman Emperor Tiberius's closest confidant, the Empire was forever changed. If Sejanus had not been murdered, Jesus would have never been crucified.

This is the first book to make this crucial connection, which leans heavily to prove that the New Testament narrative is mostly myth and challenges years of historical orthodoxy. THE YEAR GOD DIED contradicts longstanding historical malpractice to reveal the most comprehensive and accurate view of the New Testament.

Lacey explains how the events in Rome drove events in Judea, directly linked to Jesus' crucifixion. He uncovers a vibrant and rich world, but one still coming to grips with the reality of Roman power. He introduces ten-year-old Boadicea, destined to lead Britain's tribes in a great revolt against Rome. Furthermore, he depicts Varus marching his legions past a four-year-old Jesus on his way to Jerusalem. He describes how Herod prospers by appeasing some of the most dangerous people in history - Pompey, Julius Caesar, Mark Anthony, Cleopatra, and Augustus.

Dr. James Lacey is a professor of strategy at the Marine Corps War College. He also holds the Horner Chair of War Studies at Marine Corps University. Before taking this position, he was a widely published senior analyst at the Institute for Defense Analyses in Washington, D.C. His previous works include ROME: A Strategy for Empire, MOMENT OF BATTLE, THE FIRST CLASH (a New York Times Bestseller), GREAT STRATEGIC RIVALRIES, GODS OF WAR, and THE WASHINGTON WAR. Lacey was inspired to write this book when researching the Roman Empire for his previous work, ROME: Strategy of Empire.

Current material: Manuscript

Categories: History, Ancient History

Rights available: German

Client: Ballantine Books

Published by: Bantam Books (2025-05)

Original language: English

Contact: Maria Dürig / Mohrbooks Literary Agency

THE DARK PATTERN

Guido Palazzo and Ulrich Hoffrage

This investigation into how corporate scandals happen reveals the common pattern behind them and shows how organizations can avoid them.

Corporate scandals are narrated like Hollywood movies: the villains are the once-celebrated CEOs who are unmasked as sociopaths and ultimately convicted. However, we don't realize that average people do most bad things with honorable values and no bad intentions.

Guido Palazzo and Ulrich Hoffrage, both based in Switzerland, are experts in their field and are responsible for developing and coining the term "ethical blindness," a temporary state in which people are unable to recognize the ethical implications of their actions.

In *THE DARK PATTERN*, two experts in business ethics and decision-making challenge the conventional view that corporate misconduct happens because of a handful of bad actors. Instead, the book shows how organizations can fall off the moral cliff because a few good people become ethically blind.

Drawing on the latest insights from behavioral science, the authors identify nine toxic elements that lead to corporate scandals and offer nine actionable lessons for building morally resilient organizations. *THE DARK PATTERN* will strengthen tomorrow's leaders' awareness, defenses, and responses against the subtle dynamics of moral erosion.

Guido Palazzo is a consultant and professor of business ethics at the University of Lausanne and a business adviser in Switzerland. He is a highly cited business ethics scholar. His work has been published in leading management journals such as the *Academy of Management Review* and the *Academy of Management Journal*. He obtained a PhD in philosophy from the University of Marburg.

Ulrich Hoffrage is a professor of decision theory at the University of Lausanne. He is a highly cited psychologist who builds and tests bounded rationality models to better understand how people decide and navigate in a social world characterized by risk and uncertainty. He earned a PhD in psychology from the University of Salzburg.

Current material: MS: Complete Edited

Categories: Politics & government

Rights available: German

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Contact: Maren Wiederhold / Mohrbooks Literary Agency

UNRELIABLE

Russell Ramsay

A resource to everyone affected by ADHD: From the undiagnosed, the newly diagnosed, and those who've been trying to manage their symptoms for years.

The last four years have pushed the hidden impacts of ADHD from the shadows to the light. Horrifyingly arbitrary metrics for diagnosis were exposed, which forced a reckoning of the personal devastation of untreated and unexamined ADHD on individuals, families, schools, and communities.

Individuals with ADHD have reduced estimated lifespans (by more than a decade on average), are more likely to suffer from a serious health problem, drop out of school, be fired from a job, live under the poverty line, have poor hygiene, abuse drugs, and alcohol, and commit suicide. Every day is consistently inconsistent, and because the treatment that accounts for the full picture of symptoms is so hard to find, the mind becomes an unreliable narrator of who they are, what they want, and what they can accomplish. As Dr. Russell Ramsay writes in his introduction, "Attention and hyperactivity are only the tip of the iceberg."

Presenting his paradigm-shifting approach to treatment and the executive function dysfunction, self-mistrust, emotional dysregulation, and shame, blame, and guilt that often force those with ADHD to shrink from the world, UNRELIABLE is a revolutionary "inside out" approach that promises to guide those who suffer out of the daily chaos and into a life of sustainable delight.

Dr. Russell Ramsay is the co-founder and former co-director of the Adult ADHD Treatment and Research Program at the University of Pennsylvania's Perelman School of Medicine. A globally recognized leader and practicing clinical psychologist with over twenty-five years of experience recognizing and treating ADHD, Dr. Ramsay's first trade book utilizes the latest research to confront the overlooked, hidden devastations of ADHD affecting many millions of individuals and reveals his evidence-based, patient-approved program to transform lives.

Current material: Proposal

Categories: Psychology

Rights available: German

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Contact: Marie Arendt / Mohrbooks Literary Agency

News & Comments

This much-needed book shines light on the wreckage ADHD can cause and how much it can cost not only the people who have it but also society at large, as these individuals have it in them to achieve at the highest levels, even greatness, if they can get the right help, help that Ramsay details in this masterful and poignant book.

quote Edward Hallowell, MD, New York Times bestselling author of Driven to Distraction and ADHD 2.0

In our ever-changing and complex world, the costs of distractibility can be devastating for those dealing with attention and other executive function related challenges. Dr. Russ Ramsay's new book Unreliable provides a much-needed lens to confront the often-misunderstood diagnosis of ADHD. Driven by research rendered through the voice of a practicing psychologist, this book offers an invaluable lifeline to anyone suffering and a clear path to healing and thriving.

quote Amishi Jha, PhD, national bestselling author of Peak Mind



THE HIGHLY VIGILANT PERSON

Dr. Kim Sage

The first book about the trauma-induced phenomenon of hypervigilance.

Hypervigilance: When we reflexively monitor moods, scan faces for danger and disappointment, adjust ourselves to fit others' expectations, and anticipate other people's emotions and behaviors, all while feeling overworked, lonely, inadequate, ashamed, fearful, and exhausted in the process.

The result of prolonged relational stress stemming from a childhood with an unpredictable, boundaryless, or dismissive parent, hypervigilance is a day-to-day struggle which can often feel so "baked into" a person's identity that the patterns over-thinking, over-observing, and over-anticipating present as exhausting personality traits rather than what they are a coping mechanism and a trauma response.

Hypervigilance co-opts a person's entire internal wiring. It clouds our decision-making. We become stuck in bad jobs, in wounding relationships, in cycles of anxiety and worry, and recreating the lonely yet high-stakes environment we were desperate to escape as children.

Using her own story, case studies and the latest research, Dr. Sage presents a groundbreaking alternative to chronic vigilance and a plan for confronting the past to finally heal.

Dr. Kim Sage holds a doctorate and a master's degree in clinical psychology and has helped thousands of children and adults heal and address psychological issues like anxiety, ADHD, complex trauma, depression, and PTSD. She has trauma-informed training, including EMDR, and advanced training in childhood trauma, adult attachment, anxiety, mindfulness, and relationships. She has a deep commitment to neurodivergence and helping female patients understand high-masking autism that might have been misdiagnosed or missed by doctors. She has four children and lives in Southern California.

Current material: Proposal/Outline

Categories: Psychology

Rights available: German

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Contact: Annelie Geissler / Mohrbooks Literary Agency

News & Comments

With *The Highly Vigilant Person*, Dr. Kim Sage addresses one of the most pernicious and far-ranging aspects of childhood trauma, hypervigilance. It is high time for an entire book devoted to a topic that underscores so much of our adult suffering as womenour vigilance to other people's emotions in sacrifice of our own true nature. This important diagnosis and invaluable path to healing will truly help so many.

quote Dr. Shefali Tsabary, Clinical Psychologist and New York Times bestselling author

WITCH DOCTOR

Ellen Vora

From an acclaimed psychiatrist and author comes this engaging, research-driven explanation for all the ways our culture has reinforced our self-alienation, leaving women lost, overwhelmed, and paralyzed in the face of decisions.

Vora reveals how our intuition is the wisest guide to healing and offers practical advice for how we can tap into our innate "magic," showing how we can learn to listen to the voice inside to find greater peace and wellbeing.

Through personal anecdotes, client case studies and wider cultural examples, she breaks down the main causes of why we've lost touch with our intuition: modern medicine, food and drugs, the wellness industrial complex, the feminine need to be liked, and more. And she provides examples of how we can get back in touch with our intuition so that we can begin to heal.

Ellen Vora, MD is a board-certified psychiatrist, acupuncturist, and yoga teacher. She graduated from Columbia University Medical School and received her B.A. from Yale University in English.

intuition #healing #female health

Current material: Proposal

Categories: Psychology

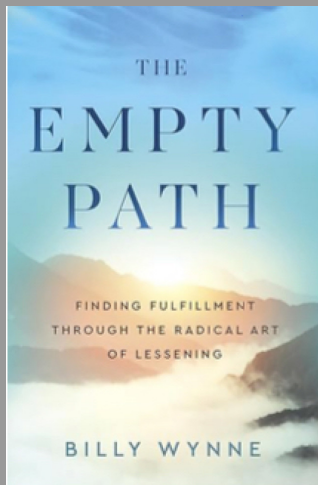
Rights available: German

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THE EMPTY PATH

Billy Wynne

A clear and reasoned antidote to our current epoch of insatiable more-ness, this is a how-to manual and spiritual guidebook for realizing and practicing emptiness as the source of inherent joy and satisfaction in our lives.

By exploring this core, often-misunderstood Buddhist teaching, author Billy Wynne dispels the common misconception that peace and fulfillment will come via accumulation or achievement. He shows that instead of resolving our suffering, the quest for more only increases our problems by preventing us from engaging with the full breadth of our authentic life experience.

The book leads readers on a modern-day hero's journey, with Wynne as a guide. He uses real-life examples and accessible practices to help readers wake up to their inherent wholeness, navigate the barriers between self and true peace, and clear a path to replacing existential unease with abundant gratitude and joy.

At the other end of this journey, readers will be equipped with insight and tools to greet life with presence, curiosity, and ease. By presenting a new understanding of the emptiness of our experience, THE EMPTY PATH demonstrates how everyone can fundamentally reorient their relationship with life by remembering the truth of what they already are.

Billy Wynne has studied Buddhism and mindfulness for 30 years and received lay Zen Buddhist ordination from the Zen Center of Denver, where he now teaches and serves on the board, and certification as a meditation teacher under Jack Kornfield and Tara Brach. After traveling the world with an NGO that provides medical care to children, he launched a career as a health and well-being entrepreneur, including founding one of the world's first alcohol-free bars, Awake. Frequently quoted by national news outlets, including the New York Times and Washington Post, Wynne is an experienced commentator and writer celebrated for his ability to make complex concepts digestible and relatable. Billy serves on the Board governing Colorado's new psychedelic therapy program and engages with leaders in Presence-Based Coaching™.

Current material: 1st Pass Pages

Categories: Spiritual guidance, Self-help, personal development & practical advice

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